



**North Carolina Department of Health and Human Services  
Division of Mental Health, Developmental Disabilities and Substance Abuse Services**

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Michael F. Easley, Governor  
Dempsey Benton, Secretary

Michael S. Lancaster, M.D. and  
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August 4, 2008

**To:** Legislative Oversight Committee Members  
Commission for MH/DD/SAS  
Consumer/Family Advisory Committee Chairs  
State Consumer Family Advisory Committee Chairs  
Advocacy Organizations and Groups  
North Carolina Association of County Commissioners  
County Managers  
County Board Chairs  
North Carolina Council of Community Programs  
NC Association of Directors of DSS  
State Facility Directors  
Area Program Directors  
Area Program Board Chairs  
DHHS Division Directors  
Provider Organizations  
MH/DD/SAS Professional Organizations and Groups  
MH/DD/SAS Stakeholder Organizations and Groups  
Other MH/DD/SAS Stakeholders

**From:** Leza Wainwright 

**Re: Communication Bulletin #096  
2008 Consumer and Family Advisory Committee  
(CFAC) Training**



In SFY 2008, the Consumer Empowerment Team of the Division's Advocacy and Customer Service Section was charged with the responsibility of providing training to CFACs in North Carolina. This was made possible by a one-time allocation of \$100,000 from the General Assembly.

The attached report is a summary of this training initiative. It is an overview of the planning, development, provision and evaluation of CFAC training that occurred in 2008 throughout the state. CFAC members and other stakeholders were involved in every aspect of planning and delivering this training.

Valuing and including the perspective and input of consumers and family members has been a central principle in the transformation of the MH/DD/SAS system and occurs both at the state and local levels. North Carolina ensured foundation for this by requiring State and local CFACs initially in the DMH/DD/SAS State Plans and ultimately in statute.

**Cc:** Secretary Dempsey Benton  
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DMH/DD/SAS Executive Leadership Team  
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